

## Timetable - Sports and Exercise Symposium 2024 (AEDT)

### *'The Great Debate: To operate, or not to operate?'*

Virtual Symposium - Saturday 16 March 2024

Session	Presenter	Topic
8.15 - 8.30am <b>Session 1: Symposium Introduction, Keynote Address and Management of Lumbar Spinal Pain and Dysfunction</b> Chair: Associate Professor Jane Rooney		
8.30 - 9.15am	<b>Keynote: Prof. Rachele Buchbinder AO</b> , Rheumatologist and Clinical Epidemiologist, Monash University	Overview of the 'true value' of specific medical practices commonly employed in the current Australian health care system
9.15 - 9.45am	<b>Dr Rob Laird</b> , Specialist Musculoskeletal Physiotherapist*, Monash University, Clinical Director Superspine, Melbourne	Back pain: Controversies in physiotherapy - physical therapy management.
9.45 - 10.15am	<b>Mr Matthew Beard</b> , Advance Practice Physiotherapist, Lead Physiotherapist Spinal Assessment Clinics, Central Adelaide Local Health Network	Evolving models of care for the surgical triage of spinal disorders.
<b>10.15-10.30am Morning Tea Break</b>		
10.30-11.00am	<b>Dr Guy Buchanan</b> , Specialist Anaesthetist and Specialist Pain Medicine Physician	"Lumbar spinal pain and dysfunction, the uses and misuses of pain medicine assessment and treatment - the perspective of a practicing specialist pain medicine physician"
11.00-11.30am	<b>Prof. Ian Harris AM</b> , Orthopaedic Surgeon, Professor of Orthopaedic Surgery	Surgical Management of Low Back Pain
11.30 - 12.00pm <b>Panel Discussion</b>	<b>Prof. Ian Harris, Dr Guy Buchanan, Dr Rob Laird and Mr Matthew Beard</b>	Q and A panel discussion session
<b>12.00 - 12.30pm Lunch Break</b>		

<b>Session 2: Management of Commonly Encountered Foot and Ankle Conditions</b>		
Chair: Associate Professor Jane Rooney		
12.30 - 1.00pm	<b>Dr Sue Mayes AM, PhD, Adjunct Research Fellow La Trobe University</b> , Director of Artistic Health, The Australian Ballet	Non operative management of the foot and ankle complex
1.00 - 1.30pm	<b>Mr Daniel Goldbloom</b> , Foot and Ankle Orthopaedic Surgeon	Operative decision making and management of commonly encountered foot and ankle conditions
1.30 - 1.45pm <b>Panel Discussion</b>	<b>Mr Daniel Goldbloom, Dr Sue Mayes</b>	Q and A panel discussion session
<b>Session 3 Management of Commonly Encountered Shoulder Conditions</b>		
Chair: Associate Professor Jane Rooney		
1.45 - 2.15pm	<b>Dr Jeremy Lewis</b> , Consultant Physiotherapist and Professor of Musculoskeletal Research	Non operative management of commonly encountered shoulder conditions in adults
2.15 - 2.45pm	<b>Dr Sarah Warby, PhD</b> , Shoulder Physiotherapist, Research coordinator/ Educator	Glenohumeral joint Instability – Treatment algorithms for operative management versus non operative management
2.45 - 3.15pm	<b>Adjunct Assoc. Professor Greg Hoy</b> , Orthopaedic Surgeon	Operative decision making and management of common shoulder conditions
3.15 - 3.45pm <b>Panel Discussion</b>	<b>Mr Greg Hoy and Dr Sarah Warby</b>	
<b>3.45 - 4.00pm Afternoon Tea Break</b>		
<b>Session 4 Specialisation in Physiotherapy</b> Registrar case presentation		
Chair Debra Shirley, FACP, Specialist Physiotherapist*		
<b>4.00 - 4.10pm College Specialisation update</b>		
4.10 - 4.30pm	<b>Lauren Gradwell</b> , M Sports Physio, B Physio. MACP, APA Titled Sports and Exercise Physiotherapist	Social and societal beliefs influence treatment choices in a female adolescent netballer with an isolated anterior crucial ligament rupture
4.30 - 4.40pm	<b>Summary and final questions</b> Assoc Prof Jane Rooney, ACP representatives	

\*as awarded by the Australian College of Physiotherapists